

# CANDACE VAN DELL

www.CANDACEVANDELL.com

SPIRITUAL COACH. AUTHOR. SPEAKER.

## MEDIA KIT 2025



### MY AUDIENCE

56%  
female

46%  
aged 25 - 34

89%  
from USA

20%  
aged 35 - 44

 Podcast Episodes: 28

 Podcast Downloads: 20,500

### ABOUT ME

As a Spiritual Coach & New Thought Leader, Candace focuses on a soul-centered approach to healing. It is her belief that many of our negative “symptoms” are signs that we are out of alignment with our true selves. We have been conditioned to align with external authorities, societal ideals, out-of-date learning styles, and perfectionistic standards. We can’t experience or maintain true health unless we are true to ourselves. To clear unwanted symptoms, we must get back into alignment with what we FEEL.

### MISUNDERSTOOD PODCAST

**Guiding Highly Sensitive People Through an Emotional Dark Age:** Candace hosts weekly conversations on healing, spirituality, and living in alignment with your true self. Each episode offers practical wisdom, soul-centered insights, and stories that inspire transformation.

Available on Apple Podcasts, Spotify, and Google Podcasts

  
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