A close-up portrait of a woman with long, wavy blonde hair and light blue eyes, looking slightly to the side with a soft smile. She is wearing a white top with a colorful, patterned scarf. The background is blurred, suggesting an outdoor setting. The image is framed by a purple border.

I get to the root cause of issues very quickly and transformation occurs on the spot.

CANDACE VAN DELL

SPIRITUAL COACH | AUTHOR | SPEAKER

PRESS KIT

WWW.CANDACEVANDELL.COM

CANDACE VAN DELL

SPIRITUAL COACH | AUTHOR | SPEAKER

As a Spiritual Coach & New Thought Leader, Candace uses her spiritual clarity and emotional intelligence to focus on a soul-centered approach to healing. It is her belief that many of our negative “symptoms” are signs that we are out of alignment with our true selves. We have been conditioned to align with external authorities, societal ideals, out-of-date learning styles, and perfectionistic standards.

We can’t experience or maintain true health unless we are true to ourselves. To clear unwanted symptoms, we must get back into alignment with what we FEEL.

“We are not humans having a spiritual experience, we are spiritual beings having a human experience.”

More about Candace on her website: www.CandaceVanDell.com ✨



As Seen In

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CONTACT INFO:

Please contact my PR Agent for media requests:
World Media Sports & Entertainment
310.497.2469

CANDACE VAN DELL
SPIRITUAL COACH | AUTHOR | SPEAKER

Online Media

Click on the titles to access the videos.

The Spiritual Wake-Up Call You Needed

Guest Interview with Elizabeth Carson - *UnLimited Podcast*

Highly Sensitive People & Healing the Inner Child

Guest on *The Soul Awakening Podcast*

From Misunderstanding to Empowered: Healing Your Inner Child

Guest Interview with Cari Fund - *Surviving Roods Podcast*

How to Stop Attracting Narcissistic Relationships, Understanding ADHD & Why Perfectionism Is Sabotaging Your Healing

Guest Interview with Nikki Sharp - *A Sharper Life*

Spirituality, Relationship Dynamics & Authentic Selves

Guest interview with Taylor Carr - *The Modern Muse Diaries*

Revealing The Golden Shadow - Guest on *Love Sex & Magic Podcast* w/ Melissa Wells

Aligning with Your Higher Self - Guest on *The Life Athletics Podcast* w/ Nik Wood

Access More Interviews Here

CANDACE VAN DELL

SPIRITUAL COACH | AUTHOR | SPEAKER



Statistics & Demographics

GENDER

56% WOMEN

44% MEN

AGE

34% AGE 18-24

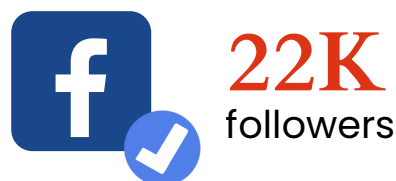
46% AGE 25-34

20% AGE 35-44

SOCIAL MEDIA FOLLOWING



@CandaceVanDell



MISUNDERSTOOD PODCAST

Guiding Highly Sensitive People Through an Emotional Dark Age: Candace hosts weekly conversations on healing, spirituality, and living in alignment with your true self. Each episode offers practical wisdom, soul-centered insights, and stories that inspire transformation. Available on Apple Podcasts, Spotify, and Google Podcasts



Podcast Episodes: 28



Podcast Downloads: 20,500



Spotify



Apple Podcasts



Listen on amazon music

CANDACE VAN DELL

SPIRITUAL COACH | AUTHOR | SPEAKER



My Offerings

Ways to work with Candace to heal emotional wounds and toxic relationships.

 www.candacevandell.com/workshops

EMOTIONAL REHAB

This course includes guided meditations, inner child work and emotional freedom techniques.

SHADOW WORK

In this course, you will get a new lease on life. It will change your life, your relationship to self, others and the world.

I AM WORTHY

In this 12-week course, heal abandonment wounds, self doubt, trauma bonds, codependency and more.

SOUL LAB

A 6-Week Online Training Program that teaches the 6 Steps of Alignment with your Higher Self.

INNER WORK SMALL GROUP COACHING

Heal From Abandonment Wounds & Trauma Bonds

SELF LOVE MASTER CLASS

A Master Class to claim an unapologetic confidence and connection that only exists between YOU, YOURSELF & GOD.

TRUTH ROOM MEMBERSHIP

Empowering Highly Sensitive People, Empaths & Lightworkers

BOUNDARIES BOOTCAMP

Think of boundaries as your inner support system that knows how to keep you safe when used properly.

EMPOWERED PATH BUSINESS COACHING

Online business building for healers, coaches, teacher, creatives, empaths

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SPIRITUAL COACH | AUTHOR | SPEAKER



Partnerships

Ways to Partner With Candace



www.candacevandell.com/partnerships

- ☒ Sponsor a YouTube video
 - ☒ Sponsor a retreat
 - ☒ A social media post
 - ☒ Advertise on the Newsletter
-

Collaborations

Ways to Collaborate With Candace

- ☒ Speak at your event
- ☒ Social media post
- ☒ Photoshoot
- ☒ Podcast guest
- ☒ Write your publication



CANDACE VAN DELL

SPIRITUAL COACH | AUTHOR | SPEAKER

GET IN TOUCH

Please contact Candace directly to discuss projects, pricing, and special requests.



candacevandell@gmail.com



www.candacevandell.com